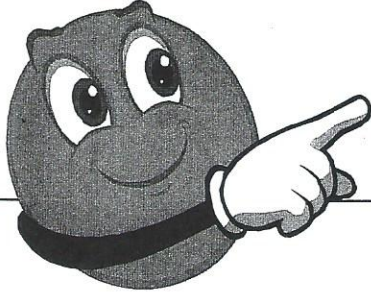




BRUCE GREY
CHILD &
FAMILY
SERVICES

Your RIGHTS and Responsibilities



YOU HAVE THE RIGHT TO...

- Be and feel safe.
- Be treated fairly no matter your race, sex, culture, religion, abilities, or sexual orientation.
- Have a say about what happens to you and express your thoughts and feelings
- Be properly fed, clothed and cared for.
- Go to school and have an education.
- Receive medical, dental and eye care.
- Participate in the development of your Plan of Care
- Participate in social and recreational activities, that are suited to you and of your choice.
- Participate in your religion and culture and speak your language.
- Speak and visit privately with your family, unless a judge decides otherwise
- Speak and visit privately with your Children's/Family Service Worker, Lawyer, Advocate's Office, Ontario Ombudsman, Member of Parliament, and/or a Representative of your Band or First Nation Community.
- Send and receive mail that has been unopened, with certain exceptions
- Know and understand the rules, responsibilities and consequences.
- Receive appropriate discipline, but not physical punishment
- Receive healthy and nutritious meals
- Receive sufficient and adequate clothing for your age, size and activities
- Reasonable personal privacy and possession of your own property
- Know the rules and expectations of your placement
- If you are over the age of 12, you are able to be supported in attending Court, ask for a review of where you are living and help make your Plan of Care.

**IF IT DOESN'T FEEL FAIR,
MAYBE IT'S NOT RIGHT! CALL
AN ADVOCATE!**

1.800.263.2841
www.provincialadvocate.com

YOU HAVE THE RESPONSIBILITY TO:

- **Abide by the rules and expectations of where you are living**
- **Accept reasonable consequences if you break any of the rules**
- **Cooperate with your caregiver and Children's/Family Service Worker**
- **Respect the privacy of others**
- **Respect the property of your caregivers**
- **Attend school**